MORNING  FROM 8:30 AM

Real Ideas Breakfast  £6
Boiled egg, Heyl toast, Montgomery Cheddar, Kingston preserves and
Heyl granola served with tea or filter coffee

Heyl Toast and Preserves (Vg)  £2.50
Bread lovingly made with ancient and local grain, toasted to perfection.

Heyl Granola with Yoghurt and Earl Grey and Orange Blossom  £4.50
Hearty handmade granola, roasted in the Devonport Guildhall.

Poached Apricots (Vg option available)  £4.50
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Boiled Eggs on Heyl Toast  £4
A breakfast classic, simple and delicious.
Add Montgomery Cheddar  +0.50

Miso Baked Beans on Heyl Toast (Vg)  £4
Baked beans with a delicious twist.
Add Montgomery Cheddar or a soft boiled egg  +0.50

Montgomery Cheddar and Pickled Guindilla Chilli Toastie  £5
Served with Kingston chilli jelly

AFTERNOON  FROM 12PM

Heyl Roll with Cheese and Cornichons  £4.50
Rich cheese, tangy cornichons and delicious bread.

Heyl Roll with Pepper, Pickled Chilli, Cucumber and Aioli (Vg)  £4.50
Heyl roll with roasted peppers and vegan aioli

Lentil and Lemon Soup (Vg)  £5
Homely and nourishing, served with a slice of Heyl bread.

Chickpea Salad (Vg)  £5.50
A fresh and filling lunch, a balance of hearty chickpeas and fresh salad.
Add feta cheese  +0.50

COFFEE

Origin Coffee Roasters
American  £2.20
Flat White  £2.80
Latte  £2.80
Cappuccino  £2.80
Hot Chocolate  £2.80

SOFT DRINKS

Sparkling Apple & Rhubarb, Lemonade, Elderflower  £2.35
Fresh Orange/Apple juice  £2.00
Coke  £1.50

Heyl are a vegan artisan sourdough bakery committed to using plant-based, locally-grown, organic and heritage grains to produce a delicious range bakery goods.