
MORNING

FROM 8:30 AM

Real Ideas Breakfast	£6
<i>Boiled egg, Heyl toast, Montgomery Cheddar, Kingston preserves and Heyl granola served with tea or filter coffee</i>	
Heyl Toast and Preserves (Vg)	£2.50
<i>Bread lovingly made with ancient and local grain, toasted to perfection.</i>	
Heyl Granola with Yoghurt and Earl Grey and Orange Blossom	£4.50
Poached Apricots (Vg option available)	
<i>Hearty handmade granola, roasted in the Devonport Guildhall.</i>	
Boiled Eggs on Heyl Toast	£4
<i>A breakfast classic, simple and delicious.</i>	
<i>Add Montgomery Cheddar</i>	+0.50
Miso Baked Beans on Heyl Toast (Vg)	£4
<i>Baked beans with a delicious twist.</i>	
<i>Add Montgomery Cheddar or a soft boiled egg</i>	+0.50
Montgomery Cheddar and Pickled Guindilla Chilli Toastie	£5
<i>Served with Kingston chilli jelly</i>	

AFTERNOON

FROM 12 PM

Heyl Roll with Cheese and Cornichons	£4.50
<i>Rich cheese, tangy cornichons and delicious bread.</i>	
Heyl Roll with Pepper, Pickled Chilli, Cucumber and Aioli (Vg)	£4.50
<i>Heyl roll with roasted peppers and vegan aioli</i>	
Lentil and Lemon Soup (Vg)	£5
<i>Homely and nourishing, served with a slice of Heyl bread.</i>	
Chickpea Salad (Vg)	£5.50
<i>A fresh and filling lunch, a balance of hearty chickpeas and fresh salad.</i>	
<i>Add feta cheese</i>	+0.50

COFFEE

Origin Coffee Roasters

Americano	£2.20
Flat White	£2.80
Latte	£2.80
Cappuccino	£2.80
Hot Chocolate	£2.80

SOFT DRINKS

Sparkling Apple & Rhubarb,	£2.35
Lemonade, Elderflower	
Fresh Orange/Apple juice	£2.00
Coke	£1.50



Heyl are a vegan artisan sourdough bakery committed to using plant-based, locally-grown, organic and heritage grains to produce a delicious range bakery goods.