



## How can the changing seasons help us to navigate the way we feel? How can being close to nature help us notice changes in ourselves and our landscapes?

Schools for All Seasons is a very special short-term residency that nourishes children with well-being activity and creativity rooted in our connections to the outdoors and our seasonal heritage.

By returning throughout the year to notice changes in our landscapes, this residency supports children and teachers to shape these seasonal experiences into poems, songs, artworks, stories and recipes, supported by Professional Artists based in Cornwall.

Embracing Cornwall's rivers and sea, moorland and estuary, village and city, this programme takes the knowledge gained from our experiences of how to support children through change and challenge and our understanding of trauma and anxiety that's has affected so many of us over the last few years.

The residency creates moments of celebration, unique to each school to bring our families together and share time outdoors. We will nurture individual talents, cultural influences

and viewpoints. We will learn about young people's perspective of the natural world and engage with their understanding of our current environmental issues providing an immersive creative experience, culminating in live performances at Trebah Garden and a venue in Bodmin in July.

**Schools For All Seasons** is a collaboration between us all - we are able to support a range of activity in schools, as part of a holistic approach to learning and the curriculum.

These are, across a half term:

- 1 day of printmaking (full day)
- 1 day of bookmaking and nature noticing (full day)
- 1 day of creative writing (two half days across a half term)
- 1 day of cooking and creation of a family feast (full day)
- 1 day of music and song writing (two half days across a half term)

This residency is aimed at Year 5 & 6 children in Primary Schools and up to age 16 in Special school settings and is for one class in each school. We are aware that this will need to be a holistic approach to the curriculum with support from other teachers and practitioners along the process of the programme to share resources, ideas and amazing practice.

Each school will explore:

- Trauma Informed schools practice in creative activity
- Sharing ways of supporting wellbeing as whole school approach, championed by our Schools for all Seasons.
- Nature tables – reinstate the nature table in our schools and even our communities, perhaps in the phone box or local shop window
- Local heritage and find favourite walks in your local school community

### How to be a School For All Seasons?

Activity will take place in schools between February (Winter/Spring) and July (Summer) 2022, with schools continuing a commitment to the programme for a further 6 months, to complete the seasons (Autumn/Winter).

**We are able to support 12 schools**, covering a wide geographical spread across Cornwall, who are exploring how to embed health and wellbeing into their development, have Trauma Informed practitioners in school and would like to work collaboratively to share an embedded creative approach to their curriculum.

### Tell us why!

*Deadline 10th February 2022*

In no more than one side of A4, tell us why being a **School For All Seasons** would benefit your children, your school and your community, what you have been developing so far and how you could embrace this way of working.

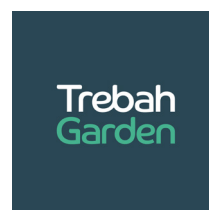
### What we need your school to do as part of the collaboration:

Commit to be champions of the programme, complete the cycle of the year (beyond our celebrations in July) and share the things you have found, the changes it makes to your school, the unexpected stories and ways to make this change and impact visible. Each school will need to embrace creative activity, share this with their wider school community and participate in one of the concerts in July with one class of children.

Please send your applications through to: [sfas@trebah-garden.co.uk](mailto:sfas@trebah-garden.co.uk)

If you would like to know more or have a question about **Schools For All Seasons** please get in touch with either Sarah at Real Ideas on 07929 758757 or Esther at Trebah Garden on 07947 717073

*This programme is delivered on behalf of Headstart Kernow by Trebah Garden Trust and supported by Real Ideas, funded by the Lottery Community Fund.*



Supported by  
**Cornwall Music Education Hub**

Supported using public funding by



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